

(19) World Intellectual Property Organization
International Bureau



(43) International Publication Date
26 July 2001 (26.07.2001)

PCT

(10) International Publication Number
WO 01/52718 A2

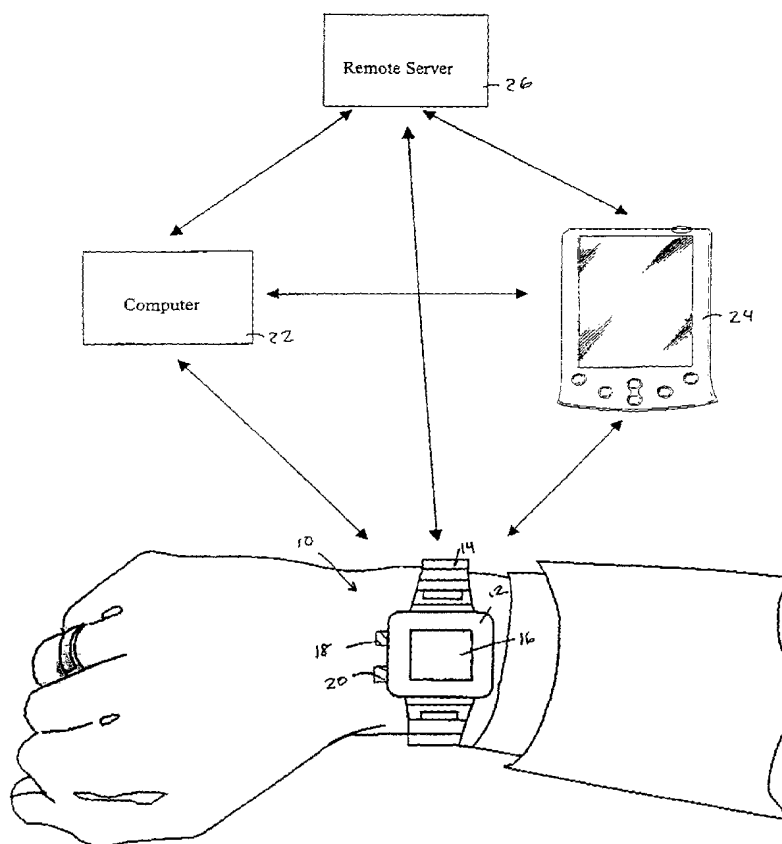
(51) International Patent Classification ⁷ :	A61B	60/209,921	7 June 2000 (07.06.2000)	US
		60/212,319	16 June 2000 (16.06.2000)	US
(21) International Application Number:	PCT/US01/02101	09/630,398	2 August 2000 (02.08.2000)	US
		60/230,860	7 September 2000 (07.09.2000)	US
(22) International Filing Date:	19 January 2001 (19.01.2001)	60/234,866	22 September 2000 (22.09.2000)	US
		09/669,125	25 September 2000 (25.09.2000)	US
(25) Filing Language:	English	09/684,440	10 October 2000 (10.10.2000)	US
		09/685,625	10 October 2000 (10.10.2000)	US
(26) Publication Language:	English	60/240,185	13 October 2000 (13.10.2000)	US
		60/230,860	26 October 2000 (26.10.2000)	US
(30) Priority Data:		09/721,382	22 November 2000 (22.11.2000)	US
60/177,016	19 January 2000 (19.01.2000)	US	60/251,179	5 December 2000 (05.12.2000)
60/178,979	28 January 2000 (28.01.2000)	US	09/745,373	23 December 2000 (23.12.2000)
60/179,882	2 February 2000 (02.02.2000)	US		
60/194,126	3 April 2000 (03.04.2000)	US		
60/194,126	10 April 2000 (10.04.2000)	US		
60/200,428	28 April 2000 (28.04.2000)	US		
60/200,428	4 May 2000 (04.05.2000)	US		
60/207,089	25 May 2000 (25.05.2000)	US		
60/207,051	25 May 2000 (25.05.2000)	US		

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[Continued on next page]

(54) Title: DIET AND ACTIVITY MONITORING DEVICE



(57) Abstract: A diet and activity-monitoring device includes a timer which outputs a time-indicative signal. A body activity monitor monitors the body activity of a subject and outputs a signal indicative of the body activity. A consumption notation control is provided which the subject may operate to indicate when they consume food. An activity calculator receives the body activity signal and determines a body activity level for the subject. A consumption calculator communicates with the consumption notation control and receives the time-indicative signal. The consumption calculator determines and stores the times when the consumption location control is operated.

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